

**Recording: CPD Webinar FOR HEALTH PROFESSIONALS**

## **2 INTERNATIONAL EXPERTS! DO NOT MISS THIS OPPORTUNITY**

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**John Wierenga**  
Co-Founder and CEO  
Inner Armor

Inner Armor has 35+ years of experience and expertise in enhancing resilience and peak performance by optimizing the autonomic nervous system through breathing, HRV, and vision training



**Dr Tim Royer**  
Royer Neuroscience,  
Denver, NC

Dr. Timothy Royer is a clinical neuropsychologist and co-founder of Royer Neuroscience (RNS), a leading center focused on optimizing brain performance through advanced neurofeedback and heart rate variability (HRV) training. He is also co-founder of Inner Armor.



**Corinne Badenhorst**

OT | Heartmath - anxiety and trauma certification | Dipl. Psychoneuroimmunology  
Passion: Nervous system regulation and coherence | 20 years clinical experience

# **Clinical Applications of Heart-Brain Coherence: Tools for Patient Care and Professional Well-Being**

**Cost R400**

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